

Social Story



What To Bring



Ticket



Hat



Sunscreen



Bag



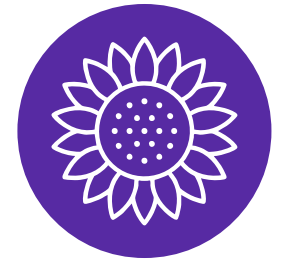
Drink
bottle



Sunglasses



Noise cancelling
headphones



Sunflower
lanyard



I am going to the Formula 1 Australian Grand Prix 2026. In this social story, the event will be called the Grand Prix.

Formula 1® is a sport where 22 of the world's best drivers compete for points across many races to become the World Champion.

When we say circuit, we mean where the whole event takes place.
When we say track, we mean where the cars race around.



If I have mobility needs, I can use the free Travellers Aid shuttle and wheelchair service to get from the tram stop at Gate 1 to the entrance.



Before I go in, I will need to pass a security check. I might be asked to walk through a metal detector or open my bag. This helps keep everyone safe.



FORMULA 1 • QATAR AIRWAYS
**AUSTRALIAN
GRAND PRIX**
2026



When I get to the Grand Prix, I will go through a gate where a staff member will scan my ticket.

It might be really busy - especially at the start of the day - so I can stay close to my friends or family to help me feel safe.



After I go through the gates, there will be lots of people. I might hear loud music, people talking, cheering and cars racing.

I will see people taking photos, drinking and eating different foods, and enjoying the races.

There might also be strong smells from car petrol and different foods. I can cover my nose or move away to get some fresh air if I need to.



At the Grand Prix circuit, I will see cars racing around the track. They can be very loud, so I might like to wear ear protection like headphones or earplugs if I need them.



I might use the buggies and shuttle buses to get around different parts of the event.



If I get separated from the people I am with, or if I need help, there will be lots of people I can ask.

I can ask the staff in bright red jackets, paramedics, police, security or other workers.



There will be lots of things to do and see away from the track, too. There could be loud planes in the sky, music playing, busy stalls and activities, and more.

If I need a break, I can ask the staff to direct me to the sensory room or somewhere a bit quieter. Staff will be available to help if I need.



It will be busy when I leave the Grand Prix because lots of people will be leaving at the same time. I can check on my phone the tram, train and bus times before I leave.